

**TRANSMITTAL SHEET FOR
NOTICE OF INTENDED ACTION**

Control _____ Department or Agency: Alabama ~~Boxing~~ Athletic Commission
Rule No.: 165-X-24
Rule Title: Additional Requirements
 X New _____ Amend _____ Repeal _____ Adopt by Reference

Would the absence of the proposed rule significantly Harm or endanger the public health, welfare, or safety? Yes

Is there a reasonable relationship between the state's Police power and the protection of the public health, Safety, or welfare? Yes

Is there another, less restrictive method of regulation Available that could adequately protect the public? No

Does the proposed rule have the effect of directly or Indirectly increasing the costs of any goods or services Involved and, if so, to what degree? No

Is the increase in cost, if any, more harmful to the public Than the harm that might result from the absence of The proposed rule? No

Are all facets of the rulemaking process designed solely For the purpose of, and so they have, as their primary Effect, the protection of the public? Yes

Does the proposed rule have an economic impact? No

If the proposed rule has an economic impact, the proposed rule is required to be accompanied by a fiscal note prepared in accordance with subsection (f) of Section 41-22-23, Code of Alabama, 1975.

Certification of Authorized Official

I certify that the attached proposed rule has been proposed in full compliance with the requirements of Chapter 22, Title 41, Code of Alabama, 1975, and that it conforms to all applicable filing requirements of the Administrative Procedure Division of the Legislative Reference Service.

Signature of certifying officer [Handwritten Signature]

Date: April 13, 2012

(DATE FILED)
(STAMP)

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Alabama Athletic Commission

NOTICE OF INTENDED ACTION


AGENCY NAME: Alabama Athletic Commission
RULE NO. & TITLE: 165-X-24 Additional Requirements
INTENDED ACTION: New

SUBSTANCE OF PROPOSED ACTION: The Board proposes to promulgate rules for mixed martial arts additional requirements.

TIME, PLACE, MANNER OF PRESENTING VIEWS: Written comments will be received by the Board until 4:30 p.m. on Friday, May 4, 2012. Comments should be directed to Keith E. Warren, Executive Director, at 2777 Zelda Road, Montgomery, AL 36106 or via electronic mail at keith@warrenandco.com or via telephone at 334-420-7238.

FINAL DATE FOR COMMENT AND COMPLETION OF NOTICE:
Monday, June 4, 2012.

CONTACT PERSON AT AGENCY: Keith E. Warren
Executive Director
2777 Zelda Road
Montgomery, AL 36106
(334) 420-7238



Keith E. Warren, *Executive Director*
Alabama Athletic Commission

Chapter 165-X-24 Additional Requirements

<u>165-X-24-.01</u>	<u>Age of Contestant</u>
<u>165-X-24-.02</u>	<u>Additional Medical Requirements</u>
<u>165-X-24-.03</u>	<u>Consumables Before and During the Contest</u>
<u>165-X-24-.04</u>	<u>Seconds</u>
<u>165-X-24-.05</u>	<u>Corner Equipment</u>
<u>165-X-24-.06</u>	<u>Security</u>
<u>165-X-24-.07</u>	<u>Beverages</u>

165-X-24-.01 Age of Contestant

1. Age of contestant. An amateur mixed martial arts contestant must attain the age of 18 years on the date of the contest. Contestants of 37 years of age or more must submit satisfactory evidence that his or her health, ability and physical condition is sufficient to ensure the contestant's safety.

165-X-24-.02 Additional Medical Requirements

1. Additional medical requirements. Contestants 37 years of age or more must submit to additional testing.

- (a) A detailed dilated ophthalmological examination, conducted by a state licensed ophthalmologist. The intent of this examination is to assure both the contestant and the Commission that no ophthalmological complications exist potentially hampering the contestant's ability to protect himself or herself in the ring, and to ensure that no ocular damage from previous bouts is evidenced. This exam must, at a minimum, include a careful dilated examination of the retinal periphery utilizing indirect ophthalmoscope.
- (b) A detailed neurological examination, conducted by a state licensed neurologist. Whether auxiliary neuro-diagnostic tests, such as electroencephalography (EEG), computerized tomography (CT), or magnetic resonance imaging (MRI), are utilized is left to the discretion and clinical opinion of the examining physician.
- (c) A detailed cardiovascular examination to establish cardiovascular endurance. A poorly conditioned contestant is at increased risk of injury because of exhaustion, which may impede his or her ability to mount an active offense or defense. Whether auxiliary cardiovascular test, such as an electrocardiogram (EKG), are utilized is left to the discretion and clinical opinion of the examining physician.

165-X-24-.03 Consumables Before and During the Contest

1. Consumables. Water shall be used to hydrate an amateur mixed martial artist between rounds. Honey, electrolyte glucose, sugar or any other substance mixed with water is prohibited. Contestants should not consume energy drinks on the date of the contest.

165-X-24-.04 Seconds

1. Number of seconds allowed per fight. Each amateur mixed martial artist must have two seconds, unless the Commission permits otherwise. Each contestant shall have one chief second and each chief second must have a complete first aid kit. The seconds must be neatly attired.
2. Leaving the Ring or Cage: When seconds leaving the ring. Seconds shall leave the ring or cage enclosure at the sound of the timekeeper's whistle. They shall leave the ring or cage platform promptly when the bell sounds for the beginning of each round and immediately remove all obstructions, including stools, buckets, and any other corner equipment. None of these articles shall be replaced on the ring floor until the bell has sounded the end of a round.
3. Assisting Contestant During Bout: Prohibited. During rounds, seconds shall not assist or interfere with the contestants.
4. Throwing Towel: Prohibited. Seconds are forbidden from tossing a towel into the ring.
5. Ejection and Disqualification. Violations of the provisions of this subparagraph may result in ejection of the offender from the ring or cage corner, and may result in the disqualification of his or her contestant by the referee.

165-X-24-.05 Corner Equipment

1. Corner Kit: Substances Allowed. The use of an unapproved preparation during the match, contest, or exhibition is prohibited. The only substances and materials allowed in the corner are limited to the following:
 - (a) Ice;
 - (b) Water;
 - (c) Cotton swabs;
 - (d) Gauze pads;
 - (e) Clean towels;
 - (f) Vaseline or surgical lubricant approved by the commission
 - (g) Enswell
 - (h) Avitine or Adrenaline
 - (i) Athletic tape approved by the commission.

2. Corner Kit: Substances Prohibited. Substances such as Monsell's solution, other iron or bismuth compounds, collodion, silver nitrate, ammonia or smelling salts will not be used and the use of such modalities will result in disqualification, and disciplinary action against the licensed sanctioning organization.

165-X-24-.06 Security

1. General Safety. It shall be the licensed sanctioning organization's responsibility to insure safety of the contestants, officials, and fans and to comply with all safety standards required by the Commission.

(a) Arena Security. Arena security is the responsibility of the licensed sanctioning organization and such security measures by the organization shall be sufficient to maintain order. At a minimum, two (2) sworn off duty law enforcement officers shall be retained for security.

2. Arena Safety Compliance. No amateur mixed martial arts match, contest, or exhibition will be allowed to commence or continue in any arena which to the Commission to be unsafe or where the Commission has reason to believe that such building or location does not conform to any applicable laws, ordinances, and regulations in the city or unincorporated county area.

3. Dressing Rooms. The only people allowed in the Contestant's dressing room are the Contestant, manager, seconds, sanctioning organization representatives, Commission representatives including appointed commissioners, approved physician(s), approved media representatives, and promoter's personnel.

(a) Licensed sanctioning organizations may be required by the Commission to post a guard at the entrance to the dressing rooms to aid in enforcement of dressing room security.

165-X-24-.07 Beverage and Liquor Sales

1. Liquor Sales At Event. If the chosen venue has a liquor license, and liquor is intended to be sold at the event, the Commission must be advised in writing in advance of the show and give its approval.

(a) Beverages cannot be sold in cans or bottles.

Author: Casey C. Sears

Authority: Code of Ala. 1975, § 41-9-1020

History: **New Rule:** Filed: March 20, 2012; Effective: April 24, 2012.